

## Bucket List Worksheet

We've all heard of a bucket list but nobody has an actual bucket list. But how can we cross things off if we don't have the list? There is no right way or wrong way to make a bucket list, so don't feel like you need to go through this sheet. This worksheet is designed to get your mind thinking and to help you organize your thoughts. The nice thing about a list is that you can add to it anytime!

### Initial Thoughts

What immediately came to mind when you think of a bucket list?

What have you always wanted to do?

Who would you like to spend more time with?

What does an ideal day look like for you?

What activity would make you sad if you had to stop?

What's the first thing you do if you win the lottery?

What would you do if you could never retire?

### The Deeper Stuff

The 3 Questions, derived from Life Planner George Kinder:

- If you had 24 hours to live and you didn't have to worry about money, what would you do?
- If you had 1 year to live and you didn't have to worry about money, what would you do?
- If you had 10 years to live and you didn't have to worry about money, what would you do?

From Steven Covey: Write down your roles in life (parent, child, employee, etc...). What would you want your eulogy to say about you for each of these roles?

### Categories

What comes to mind when you read through these categories?

- Adventure
- Causes
- Creativity
- Education
- Entertainment and Events
- Family
- Food and Drink
- Fun
- Travel
- Nature and Wildlife
- Personal Growth
- Local Experiences
- Places
- Activities