

## Bucket List Worksheet

We've all heard of a bucket list but nobody has an actual bucket list. But how can we cross things off if we don't have the list? There is no right way or wrong way to make a bucket list, so don't feel like you need to go through this sheet. This worksheet is designed to get your mind thinking and to help you organize your thoughts. The nice thing about a list is that you can add to it anytime!

## **Initial Thoughts**

What immediately came to mind when you	What activity would make you sad if you
think of a bucket list?	had to stop?
What have you always wanted to do?	What's the first thing you do if you win the
Who would you like to spend more time	lottery?
with?	What would you do if you could never
What does an ideal day look like for you?	retire?

## The Deeper Stuff

The 3 Questions, derived from Life Planner George Kinder:

- If you had 24 hours to live and you didn't have to worry about money, what would you do?
- If you had 1 year to live and you didn't have to worry about money, what would you do?
- If you had 10 years to live and you didn't have to worry about money, what would you do?

From Steven Covey: Write down your roles in life (parent, child, employee, etc...). What would you want your eulogy to say about you for each of these roles?

## Categories

What comes to mind when you read through these categories?

- Adventure
- Causes
- Creativity
- Education
- Entertainment and Events
- Family
- Food and Drink

- Fun
- Travel
- Nature and Wildlife
- Personal Growth
- Local Experiences
- Places
- Activities

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